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|------------|---|---|----------|----------|----------|
| | A. Inner peace and happiness | B. Material goods for bodily comfort | | | |
| | C. Psychological well-being | D. Spiritual growth only | | | |
| 8. | Value Education helps people to live with | | 1 | R | 1 |
| | A. Jealousy and competition | B. Peace, respect, and responsibility | | | |
| | C. Power and control | D. Wealth and status | | | |
| 9. | Planting trees and keeping the surroundings clean represents which value? | | 1 | U | 1 |
| | A. Responsibility towards nature | B. Greed | | | |
| | C. Power | D. Fame | | | |
| 10. | Self-exploration means | | 1 | U | 1 |
| | A. Competing with others | B. Asking oneself questions about desires and values | | | |
| | C. Copying others' goals | D. Ignoring self-awareness | | | |
| 11. | Which two components form the basis of self-exploration? | | 1 | R | 1 |
| | A. Desire and Program | B. Money and Status | | | |
| | C. Power and Fame | D. Greed and Jealousy | | | |
| 12. | A human being is made of | | 1 | R | 2 |
| | A. Only body | B.) Only mind | | | |
| | C. Self and body | D. Food and energy | | | |
| 13. | The Self is also called | | 1 | R | 2 |
| | A. Atma or "I" | B. Body | | | |
| | C. Organ | D. Emotion | | | |
| 14. | The Body is | | 1 | U | 2 |
| | A. Invisible | B. Physical and visible | | | |
| | C. Spiritual | D. Mental only | | | |
| 15. | Without the Self, the Body is | | 1 | U | 2 |
| | A. Active | B. Lifeless | | | |
| | C. Intelligent | D. Hungry | | | |
| 16. | The Body acts as | | 1 | R | 2 |
| | A. A machine for the Self | B. A thinker | | | |
| | C. A mind | D. A memory | | | |
| 17. | Needs of the Body are | | 1 | A | 2 |
| | A. Continuous | B. Temporary and repeatable | | | |
| | C. Permanent | D. Emotional | | | |
| 18. | Food and rest belong to | | 1 | U | 2 |
| | A. Self | B. Body | | | |
| | C. Both | D. Society | | | |

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| 19. The Body needs food, while the Self needs | 1 | U | 2 |
| A. Respect and peace | | | |
| B. Exercise | | | |
| C. Medicine | | | |
| D. Clothes | | | |
| 20. Self-regulation means | 1 | R | 2 |
| A. Controlling others | | | |
| B. Managing body and mind with awareness | | | |
| C. Eating more | | | |
| D. Working without rest | | | |
| 21. The Body is maintained by | 1 | R | 2 |
| A. Right knowledge | | | |
| B. Physical facilities | | | |
| C. Relationships | | | |
| D. Meditation | | | |
| 22. Taking care of health and mind together brings | 1 | U | 2 |
| A. Confusion | | | |
| B. Harmony | | | |
| C. Laziness | | | |
| D. Tiredness | | | |
| 23. The family is the basic unit of | 1 | U | 2 |
| A. Business | | | |
| B. Human interaction | | | |
| C. Education | | | |
| D. Politics | | | |
| 24. A happy family depends on | 1 | U | 2 |
| A. Rules | | | |
| B. Trust and respect | | | |
| C. Wealth | | | |
| D. Fame | | | |
| 25. Trust means | 1 | R | 2 |
| A. Doubting others | | | |
| B. Believing others' intentions are good | | | |
| C. Controlling others | | | |
| D. Ignoring people | | | |
| 26. Without trust, relationships become | 1 | R | 2 |
| A. Peaceful | | | |
| B. Weak and stressful | | | |
| C. Loving | | | |
| D. Supportive | | | |
| 27. Respect means | 1 | U | 3 |
| A. Fearing others | | | |
| B. Obeying blindly | | | |
| C. Valuing each person equally | | | |
| D. Ignoring differences | | | |
| 28. The family is the basic unit of | 1 | R | 3 |
| A. Business | | | |
| B. Politics | | | |
| C. Human interaction | | | |
| D. Education | | | |
| 29. The main purpose of a family is to live with | 1 | R | 3 |
| A. Money | | | |
| B. Happiness and trust | | | |
| C. Power | | | |
| D. Competition | | | |
| 30. Ethical human conduct is guided by | 1 | R | 3 |

	A. Self Interest	B. Fear of law		
	C. Right Understanding and Universal human value	D. Social Status		
31.	Respect is given based on		1	R 3
	A. Money and status	B. Looks		
	C. Understanding and behavior	D. Power		
32.	Disrespect leads to		1	U 3
	A. Trust	B. Harmony		
	C. Conflict	D. Peace		
33.	Harmony in society means		1	U 3
	A. All people living in cooperation and peace	B. Everyone living alone		
	C. Competition and stress	D. Wealth and power		
34.	Nature has how many orders?		1	U 3
	A. Two	B. Three		
	C. Four	D. Five		
35.	Harmony in nature means		1	R 3
	A. Fighting for survival	B. Using more resources		
	C. Balance and cooperation among all	D. Pollution		
36.	Self-regulation in nature means		1	A 3
	A. Natural balance and renewal	B. Human control over nature		
	C. Using more resources	D. Rapid development		
37.	Riya helps her friend with studies without expecting anything in return. This shows		1	N 3
	A. Anger	B. Jealousy		
	C. Trust and care	D. Selfishness		
38.	Holistic understanding means		1	A 4
	A. Partial view	B. Ignoring others		
	C. Whole view of life	D. Only profit		
39.	Professional ethics means		1	A 4
	A. Self-interest	B. Power		
	C. Honest work	D. Money making		
40.	A true professional works for		1	R 4
	A. Fame	B. People's welfare		
	C. Self only	D. Control		
41.	Example of professional ethics		1	U 4

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| <p>A. Cheating</p> <p>C. Helping clients</p> <p>42. An ethical person is</p> <p>A. Lazy</p> <p>C. Trustworthy</p> <p>43. Humanistic Constitution aims at</p> <p>A. Control</p> <p>C. War</p> <p>44. Universal Human Order means</p> <p>A. Harmony</p> <p>C. Division</p> <p>45. Humanistic society is built on</p> <p>A. Fear</p> <p>C. Trust</p> <p>46. Ethical competence means</p> <p>A. Skill + values</p> <p>C. Tricks</p> <p>47. A good professional</p> <p>A. Helps people</p> <p>C. Lies</p> <p>48. Holistic technology is:</p> <p>A. Safe for all</p> <p>C. Harmful</p> <p>49. Following rules with care shows</p> <p>A. Fear</p> <p>C. Ethics</p> <p>50. Value-based management gives</p> <p>A. Fair work</p> <p>C. Stress</p> | <p>B. Ignoring rules</p> <p>D. Lying</p> <p>B. Greedy</p> <p>D. Angry</p> <p>B. Peace</p> <p>D. Power</p> <p>B. Greed</p> <p>D. Power</p> <p>B. Money</p> <p>D. Force</p> <p>B. Skill only</p> <p>D. Ignoring duty</p> <p>B. Avoids work</p> <p>D. Cheats</p> <p>B. Costly</p> <p>D. Wasteful</p> <p>B. Force</p> <p>D. Habit</p> <p>B. Exploitation</p> <p>D. Waste</p> | <p>1</p> | <p>U</p> <p>R</p> <p>A</p> <p>A</p> <p>R</p> <p>U</p> <p>U</p> <p>R</p> | <p>4</p> |
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