



QUESTION BANK

IPDC – 2

Lectures – 16 to 30

SECTION – A

Instructions: For each question choose **ONLY ONE** option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.

01. **When you live a life without any direction, you will not move far in any one direction.** (*Lecture – 16*)
 - a. True
 - b. False

02. **To achieve your long-term goals, you need to create smaller short-term goals to guide your life in the right direction.** (*Lecture – 16*)
 - a. True
 - b. False

03. **The more you visualize your long-term goals, the fewer chances there are of achieving them.** (*Lecture – 16*)
 - a. True
 - b. False

04. **Short term goals should be time-bound.** (*Lecture – 16*)
 - a. True
 - b. False

05. **Clear goals will give our lives a clear direction.** (*Lecture – 16*)
 - a. True
 - b. False

06. **There is no risk of addiction when smoking cigarettes occasionally to please one's friends.** (*Lecture – 17*)
 - a. True
 - b. False

07. **Drinking alcohol is only harmful to the health of the elderly but not to the youth.** (*Lecture – 17*)
 - a. True
 - b. False

08. **It is our duty to kindly encourage our family members to give up their bad addictions.** (*Lecture – 17*)
- True
 - False
09. **Seva should be performed with compassion.** (*Lecture – 18*)
- True
 - False
10. **Being generous can make us happier.** (*Lecture – 18*)
- True
 - False
11. **Seva should be performed with the expectation of a reward.** (*Lecture – 18*)
- True
 - False
12. **Working in a team helps you gain new perspectives.** (*Lecture – 19*)
- True
 - False
13. **We should learn to be adaptable when working in a team.** (*Lecture – 19*)
- True
 - False
14. **The biggest role of a team member is to take credit for the team's success.** (*Lecture – 19*)
- True
 - False
15. **A good team member is willing to sacrifice something for the team.** (*Lecture – 19*)
- True
 - False
16. **Legends create everlasting impressions.** (*Lecture – 21*)
- True
 - False

17. **It is possible to lead with humility.** (*Lecture – 21*)
- True
 - False
18. **The most effective way to lead is by making workers feel inferior.** (*Lecture – 21*)
- True
 - False
19. **An aggressive leadership style is generally the most effective.** (*Lecture – 21*)
- True
 - False
20. **A country without value-based citizens can create an environment of crime and corruption.** (*Lecture – 22*)
- True
 - False
21. **To become value-based citizens, we must learn asset valuation techniques.** (*Lecture – 22*)
- True
 - False
22. **Moral values are a universal necessity.** (*Lecture – 22*)
- True
 - False
23. **Unfair treatment promotes a productive environment.** (*Lecture – 22*)
- True
 - False
24. **We should always be accountable for our actions and be honest with the people who are depending on us.** (*Lecture – 22*)
- True
 - False
25. **By completing the small things sincerely, it encourages you to do the big things better.** (*Lecture – 23*)
- True
 - False

26. **Focus on perfecting only the big things. The small things are not as important.** (*Lecture – 23*)
- True
 - False
27. **Good character is essential in our personal lives, but not in the workplace.** (*Lecture – 23*)
- True
 - False
28. **It is possible for a person to bring change in his/her attitude.** (*Lecture – 23*)
- True
 - False
29. **Being punctual in the workplace is unimportant.** (*Lecture – 23*)
- True
 - False
30. **Death can teach us about life..** (*Lecture – 24*)
- True
 - False
31. **Whatever happens, happens for the worst.** (*Lecture – 24*)
- True
 - False
32. **Realizing our lifespan as finite can allow us to become more productive..** (*Lecture – 24*)
- True
 - False
33. **Forgiveness can release us from the burden of regret and guilt. It can bring peace to our minds.**
(*Lecture – 25*)
- True
 - False
34. **Asking for forgiveness is an act of a coward.** (*Lecture – 25*)
- True
 - False

35. **Ask for forgiveness because relationships are more important than our ego.** (*Lecture – 25*)
- True
 - False
36. **Failure makes a person become worthless.** (*Lecture – 25*)
- True
 - False
37. **Stress is a physical reaction to a mental state.** (*Lecture – 26*)
- True
 - False
38. **Children are not affected by stress.** (*Lecture – 26*)
- True
 - False
39. **Stress affects our health.** (*Lecture – 26*)
- True
 - False
40. **Our eating habits can affect stress levels.** (*Lecture – 26*)
- True
 - False
41. **We should limit the number of sugary drinks we drink.** (*Lecture – 27*)
- True
 - False
42. **Physical exercise can reduce stress levels.** (*Lecture – 27*)
- True
 - False
43. **The recommended amount of moderate physical exercise is 100 minutes per week.** (*Lecture – 27*)
- True
 - False

44. **Most health professionals say that is ideal to get 6 hours of sleep every night.** (*Lecture – 27*)
- True
 - False
45. **Physical exercise impacts our mental wellbeing.** (*Lecture – 27*)
- True
 - False
46. **Financial planning can help one move abroad or buy a house.** (*Lecture – 29*)
- True
 - False
47. **A mid-term financial goal cannot be achieved straight away but should only take a few years to achieve.** (*Lecture – 29*)
- True
 - False
48. **Compounding is a process of growing.** (*Lecture – 29*)
- True
 - False
49. **The company we keep has little influence on our development and decisions.** (*Lecture – 30*)
- True
 - False
50. **The company you keep has the potential can make you or break you.** (*Lecture – 30*)
- True
 - False

SECTION – A

Section A contains a statement to test the candidate's understanding of basic concepts. The candidate will answer whether they think the statement is true or false. Each correct answer should be awarded with 1mark.

| Question Number | Correct Answer | Marks Awarded |
|-----------------|----------------|---------------|
| 1 | a. TRUE | 1 |
| 2 | a. TRUE | 1 |
| 3 | b. FALSE | 1 |
| 4 | a. TRUE | 1 |
| 5 | a. TRUE | 1 |
| 6 | b. FALSE | 1 |
| 7 | b. FALSE | 1 |
| 8 | a. TRUE | 1 |
| 9 | a. TRUE | 1 |
| 10 | a. TRUE | 1 |
| 11 | b. FALSE | 1 |
| 12 | a. TRUE | 1 |
| 13 | a. TRUE | 1 |
| 14 | b. FALSE | 1 |
| 15 | a. TRUE | 1 |
| 16 | a. TRUE | 1 |
| 17 | a. TRUE | 1 |
| 18 | b. FALSE | 1 |
| 19 | b. FALSE | 1 |
| 20 | a. TRUE | 1 |
| 21 | b. FALSE | 1 |
| 22 | a. TRUE | 1 |
| 23 | b. FALSE | 1 |
| 24 | a. TRUE | 1 |
| 25 | a. TRUE | 1 |
| 26 | b. FALSE | 1 |
| 27 | b. FALSE | 1 |
| 28 | a. TRUE | 1 |
| 29 | b. FALSE | 1 |
| 30 | a. TRUE | 1 |
| 31 | b. FALSE | 1 |
| 32 | a. TRUE | 1 |
| 33 | a. TRUE | 1 |
| 34 | b. FALSE | 1 |

| | | |
|----|----------|---|
| 35 | a. TRUE | 1 |
| 36 | b. FALSE | 1 |
| 37 | a. TRUE | 1 |
| 38 | b. FALSE | 1 |
| 39 | a. TRUE | 1 |
| 40 | a. TRUE | 1 |
| 41 | a. TRUE | 1 |
| 42 | a. TRUE | 1 |
| 43 | b. FALSE | 1 |
| 44 | b. FALSE | 1 |
| 45 | a. TRUE | 1 |
| 46 | a. TRUE | 1 |
| 47 | a. TRUE | 1 |
| 48 | a. TRUE | 1 |
| 49 | b. FALSE | 1 |
| 50 | a. TRUE | 1 |

SECTION – B

Instructions: For each question choose **ONLY ONE** option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.

51. **What is the meaning of "begin with the end in mind"?** (*Lecture – 16*)
- You should end the task while remembering the start point
 - You should envision where you want to be in future and structure your life now to give direction to reach your goal
 - You should begin the task and later plan to end it depending on your initial progress
 - You should imagine how you want to begin the task before starting
52. **"One should analyses oneself continually, introspect and think that ..."** (*Lecture – 16*)
- How can I get people to like me more?
 - I have enough time to do this task later.
 - This is still to be done, and what have I come to do, and what is happening?
 - What is the point of doing anything when one must die one day?
53. **What is the first step to begin with the end in mind?** (*Lecture – 16*)
- Create good daily routines
 - Prepare short-term goals
 - Calculate your risk-outcome ratio
 - Visualize your long-term goal
54. **Short term goals should be...?** (*Lecture – 16*)
- vague
 - not be time-bound
 - relevant to your long-term goal
 - hard to achieve
55. **What does "S" stand for in the "SMART" method (used to define short-term goals)?** (*Lecture – 16*)
- Specific
 - Standard
 - Superb
 - Simple

56. **Complete this sentence: To achieve your short-term goal...** (*Lecture – 16*)
- You should not work in time-limits
 - Your daily routine should include activities that help to achieve it
 - Do the same thing that your friends do
 - You should avoid focussing on your daily habits
57. **Drug addictions can negatively impact which of the following** (*Lecture – 17*)
- Health
 - Wealth
 - Family
 - All the above
58. **Which of the following is the least likely reason for the formation of drug addiction?**
(*Lecture – 17*)
- Peer pressure
 - The search for an escape from stress
 - Curiosity
 - The desire to form an addiction
59. **Which of these methods can help an addict overcome their addictions?** (*Lecture – 17*)
- Firmly decide to give up
 - Reject assistance
 - Deny accountability
 - All the above
60. **According to the statistics presented in the IPDC workbook, how many adult smokers began before the age of 18?** (*Lecture – 17*)
- 3/10
 - 5/10
 - 7/10
 - 9/10
61. **What was the fate of the shining star Devashish Ghosh?** (*Lecture – 17*)
- He is currently working at NASA, even though he had initially declined their offer
 - He is working for ISRO since he declined NASA's offer to serve his country
 - He is working on aerospace research for Lockheed Martin
 - He is working at a clothing processing factory in Ahmedabad

62. **How does the 'cool factor' play a role in recreational drugs (e.g. cigarettes, alcohol)?** (*Lecture – 17*)
- One will borrow money from their family to buy recreational drugs
 - One will use recreational drugs out of curiosity
 - One will start to use recreational drugs to improve concentration levels
 - One will use recreational drugs because of the belief that it improves one's social status
63. **Which one of the following services were NOT provided to the victims of the Gujarat earthquake in Bhuj?** (*Lecture – 18*)
- Postcards
 - Mobile phones
 - Psychological Trauma Centre
 - Last rites for the deceased
64. **How did Carl Joss, a reporter from the Swiss magazine Sonntagsblick, describe his experience after performing seva in the Gujarat Earthquake relief camp?** (*Lecture – 18*)
- "The best birthday gift that anyone could have given me"
 - "It was a very memorable experience for me"
 - "Tiring but definitely worthwhile"
 - "It was hard to see the people suffering"
65. **Which of the following seva did the journalist, Carl Joss, NOT perform during the relief work of the Gujarat earthquake?** (*Lecture – 18*)
- Cutting vegetables
 - Serving food
 - Donating money
 - Driving the ambulance
66. **Norgay and Hillary were able to successfully climb Mount Everest. What factor allowed them to do this while their predecessors (previous climbers) could not?** (*Lecture – 19*)
- They took permission of the government
 - They were experienced in mountaineering
 - They were part of a team that worked selflessly
 - There was no disappointment in their team
67. **Which of the following is NOT a characteristic of a good team player?** (*Lecture – 19*)
- Selflessness
 - Respect
 - Half-heartedness
 - Adaptability

68. **How did Tenzing Norgay climb Mount Everest?** (*Lecture – 19*)
- With unselfish teamwork
 - With agility and recklessness
 - By trying to get ahead on his own
 - With persistent fast speed
69. **Which of the following does NOT contribute to being a good team player?** (*Lecture – 19*)
- Sacrifice
 - Value each team member
 - Make sure to claim your credit
 - Learn to change, change to learn
70. **What standard did Pramukh Swami Maharaj study until?** (*Lecture – 21*)
- 6th standard
 - 12th standard
 - 10th standard
 - Bachelor's degree
71. **What was the first thing that Pramukh Swami Maharaj did, after being appointed as the president of BAPS, in 1950?** (*Lecture – 21*)
- Take a selfie
 - Delegate work to people
 - Wash dishes and utensils
 - Travel overseas
72. **What did Anjali Ahuja do every Wednesday?** (*Lecture – 21*)
- Take a nap
 - Meet with her mentor to review her progress
 - Serve the employees lunch
 - Evaluate everyone's wages
73. **Pramukh Swami Maharaj reacted to the workers' refusal to continue the construction by doing what?** (*Lecture – 21*)
- Lifting tiles
 - Serving tea
 - Giving a discourse
 - Scolding them

74. **Who supported Mahatma Gandhi as his personal secretary for 25 years?** (*Lecture – 23*)
- Vallabhbhai Patel
 - Vithalbhai Patel
 - Mahadev Desai
 - V. P. Menon
75. **As per the IPDC workbook, what is NOT one of the ways to bring a positive change in your perception?** (*Lecture – 23*)
- Make others feel your importance
 - Don't Understand Small Things to be Small
 - Look at the Bigger Picture
 - None of the above
76. _____ **is to complete a required task or fulfil an obligation, before or at a previously decided time.** (*Lecture – 23*)
- Loyalty
 - Sincerity
 - Punctuality
 - Honesty
77. **How did Mahadev Desai win the complete trust of Mahatma Gandhi?** (*Lecture – 23*)
- By being loyal
 - By being sincere in his work
 - By being punctual in all his duties
 - All of the above
78. **How did Walt Disney bring a change in the attitude of his employees at Disneyland?** (*Lecture – 23*)
- He doubled the salary of all the employees.
 - He gave them a new perspective in which to view their role.
 - He hired motivational speakers to inspire his employees
 - He increased paid leaves for the employees.
79. **What was the reply from the sweeper at NASA when President John F. Kennedy asked him about his job?** (*Lecture – 23*)
- "I'm helping put a man on the moon."
 - "I keep the NASA premises clean."
 - "There is no significant contribution from me in NASA's success."
 - "I clean the instruments to be used for NASA's moon mission."

80. **Reminding ourselves that ‘life is finite’ can benefit us in many ways. Which of the following are NOT one of those ways?** (*Lecture – 24*)
- It can make our life more meaningful
 - It can make us more productive
 - It can increase our lifespan
 - It can give us clarity
81. **Which of the following are NOT one of the powerful thoughts explored in the lecture - ‘Timeless Wisdom for Daily Life’?** (*Lecture – 24*)
- Live every day as if it were your last
 - Look beyond the body
 - Whatever happens, happens for the best
 - When the going gets tough, the tough get going
82. **Which one of the following famous personalities received a cancer diagnosis from which they learnt to understand life as finite and encouraged them to create the most iconic technological advantages in the 21st century?** (*Lecture – 24*)
- Bill Gates
 - Steve Jobs
 - Sundar Pichai
 - Mark Zuckerberg
83. **How did Raj react to his father when he gave him a Bhagwat Gita instead of the car he asked for?** (*Lecture – 25*)
- He never spoke to his father again
 - He told his friend to buy him the car instead
 - He asked for an explanation
 - He moved to Japan and lived there
84. **According to the workbook, which of the following is NOT one of the 6 important tips when asking for forgiveness?** (*Lecture – 25*)
- Apologize
 - Make excuses
 - Show empathy
 - Trying to make things right

85. According to the workbook, which of the following is NOT part of the process of forgiving?

(Lecture – 25)

- a. Consider why you want to forgive this person
- b. Choose to forgive
- c. Think of the person's flaws and share them with others
- d. When in doubt, take your time

86. Asking for forgiveness is an act of the_____. *(Lecture – 25)*

- a. Courageous
- b. Weak
- c. Foolish
- d. Shy

87. After forgiving someone, what should we do next? Answer according to the lecture. *(Lecture – 25)*

- a. Remind them of their mistake
- b. Tell others about their mistake
- c. Forget their mistake and move on
- d. Tell them to write a letter of apology

88. Which of the below is NOT an effective method for relieving stress? *(Lecture – 26)*

- a. Meditation
- b. Sufficient rest
- c. Smoking cigarettes
- d. Exercise

89. 'Performing exercise' best fits into which one of the below categories? *(Lecture – 26)*

- a. Important & Urgent
- b. Important but Not Urgent
- c. Not Important but Urgent
- d. Not Important & Not Urgent

90. 'Mindless web-browsing' best fits into which one of the below categories? *(Lecture – 26)*

- a. Important & Urgent
- b. Important but Not Urgent
- c. Not Important but Urgent
- d. Not Important & Not Urgent

91. **Which one of the following statements is false?** (*Lecture – 27*)
- Physical exercise can increase creativity
 - Physical exercise can sharpen memory
 - Physical exercise can improve brain power
 - Physical exercise can change the color of the brain
92. **According to the Harvard School of Public Health, how much of a portioned plate should be filled with fruits and vegetables?** (*Lecture – 27*)
- 15%
 - 25%
 - 40%
 - 50%
93. **According to the Harvard School of Public Health, how much of a portioned plate should be filled with healthy proteins?** (*Lecture – 27*)
- 15%
 - 25%
 - 40%
 - 50%
94. **Which of the following does NOT directly benefit from financial planning?** (*Lecture – 29*)
- Retirement
 - Purchasing a house
 - Exam technique
 - Emergencies
95. **Purchasing a smartphone is most likely to be which type of financial goal?** (*Lecture – 29*)
- Short-term
 - Mid-term
 - Maximization
 - Strategic
96. **Which of the following is a fixed-voluntary cost?** (*Lecture – 29*)
- Rent
 - Gym membership
 - Medicine
 - Food

97. **For a person with secure employment, how many months of basic expenses should be saved in an emergency fund?** (*Lecture – 29*)
- At least 1 months' worth
 - At least 2 months' worth
 - At least 3 months' worth
 - At least 12 months' worth
98. **Which of the following is NOT an important component of financial planning?** (*Lecture – 29*)
- Using compound interest
 - Investing in an orient fund
 - Calculating your budget
 - Creating an emergency fund
99. **Mangesh Mhaskar scored 97% on the 10th standard board exams. But what caused his downfall?** (*Lecture – 30*)
- Lack of finance
 - Illness
 - A lack of support from his parents
 - Bad company
100. **How can we create a good environment for ourselves?** (*Lecture – 30*)
- Read good books
 - Watch popular shows
 - Keep negative thoughts
 - Eat more food

SECTION – B

Section B will test whether the candidate can recall what they have learnt from the course. The candidate will pick one answer from options provided. Each correct answer is awarded with 2 marks.

| Question Number | Correct Answer | Marks Awarded |
|-----------------|----------------|---------------|
| 51 | b | 2 |
| 52 | c | 2 |
| 53 | d | 2 |
| 54 | c | 2 |
| 55 | a | 2 |
| 56 | b | 2 |
| 57 | d | 2 |
| 58 | d | 2 |
| 59 | a | 2 |
| 60 | d | 2 |
| 61 | d | 2 |
| 62 | d | 2 |
| 63 | b | 2 |
| 64 | a | 2 |
| 65 | d | 2 |
| 66 | c | 2 |
| 67 | c | 2 |
| 68 | a | 2 |
| 69 | c | 2 |
| 70 | a | 2 |
| 71 | c | 2 |
| 72 | c | 2 |
| 73 | a | 2 |
| 74 | c | 2 |
| 75 | a | 2 |
| 76 | c | 2 |
| 77 | d | 2 |
| 78 | b | 2 |
| 79 | a | 2 |
| 80 | c | 2 |
| 81 | d | 2 |
| 82 | b | 2 |
| 83 | a | 2 |
| 84 | b | 2 |
| 85 | c | 2 |

| | | |
|-----|---|---|
| 86 | a | 2 |
| 87 | c | 2 |
| 88 | c | 2 |
| 89 | b | 2 |
| 90 | d | 2 |
| 91 | d | 2 |
| 92 | d | 2 |
| 93 | b | 2 |
| 94 | c | 2 |
| 95 | a | 2 |
| 96 | b | 2 |
| 97 | c | 2 |
| 98 | b | 2 |
| 99 | d | 2 |
| 100 | a | 2 |

SECTION – C

Instructions: For each question choose **ONLY ONE** option and mark it on the answer sheet given to you. All questions are compulsory. Read each question carefully before answering. Apply what you have learnt from the IPDC lectures and workbook to choose the best option.

101. **Rajesh has cleared his 12th standard exam with good grades. He is confused about the selection of his degree course. What should Rajesh do?** (*Lecture 16*)
- He should seek some advice in choosing a course that is relevant to his prospective career choice.
 - He should select the course that is most popular with his friends and other students.
102. **Amit is a very bright student. He wants to be an engineer and get entry to the best company in his field. He has just got admission into the engineering institute that he desired, now what should Amit follow:** (*Lecture 16*)
- Amit should try to settle down into the new atmosphere, observe what others are doing and should follow in their footsteps.
 - Amit should define some short-term goals that will help get entry into the company of his choice
103. **Anjali is an average Student. She has set a clear long-term goal to join the Civil Services. With the help from experts, she has set some short-term goals too, but she is struggling to achieve them. What should she do?** (*Lecture 16*)
- Anjali should change her long-term goal to something easier
 - Anjali should create a daily routine that will help her achieve her short-term targets
104. **What can we learn from the following Alexander-The-Great quote: "Bury my body, do not build any monument, keep my hands outside so that the world knows the person who won the world had nothing in his hands when dying"?** (*Lecture 16*)
- Great people often die unhappy.
 - Material gain and reputation are not the most important thing in life.
105. **Neel's friend encourages him to smoke some cigarettes because he believes that 'there is no harm in trying it once'. Why should Neel decline his friend's offer to smoke?** (*Lecture 17*)
- Smoking is harmful and can become addictive.
 - Smoking can be an unpleasant experience for beginners.

106. **Devashish Ghosh, an intelligent youth, had great career prospects. But he became addicted to various drugs. The Defense Ministry found him in possession of drugs and blacklisted him. This ruined his career. How do you think Devashish Ghosh could have avoided this situation?** (*Lecture 17*)
- Devashish should have only used drugs occasionally during his vacation time.
 - Devashish should not have taken the risk. He should have avoided the use of drugs completely.
107. **Sejal often gets stressed because she has financial difficulties. She is also addicted to cigarettes, smoking 15 cigarettes daily. She refuses to stop smoking because she says that it helps control her stress. Do you think it is beneficial for her to stop smoking?** (*Lecture 17*)
- Yes. Spending money on cigarettes is wasting her money. If she can be strong and give up her Addiction, then this will be more beneficial in the long term.
 - No. By trying to stop smoking she will get more stressed. Which will only make her situation worse.
108. **A charitable NGO is planning on building a school for the local orphans. During the discussion, one volunteer suggests installing air coolers into the school so that the students feel comfortable during the summer. Some other members disagree as it would mean increasing the fundraising target by 5%. What would you suggest?** (*Lecture 18*)
- "It will be worth the extra effort of fundraising so that the students feel more comfortable."
 - "We should only focus on the basic necessities needed to build the school."
109. **The local community has organised a one-day cleanup event. The organisers have invited the local minister alongside sixty members of the community to clean all the trash in the village river. The local media has been asked to attend the event to record and publicise the good efforts of the minister and community. However, the media has not confirmed their invitation and so their attendance cannot be guaranteed. Upon hearing this, the minister is considering whether to attend the event or not, what would you advise him?** (*Lecture 18*)
- You should request the organisers to postpone the event until the media guarantees their attendance.
 - You should attend the event even if the media does not attend because it is a good cause.
110. **Sanjay is part of a district football team. So far, he has played a crucial role in getting his team to the finals of the state championship. Today, Sanjay has been scheduled to play in the final match, but Sanjay's back has started hurting in a way that affects his performance. Help him decide what advice he should take from the options below.** (*Lecture 19*)
- Do not tell anyone and play the match even with the chance that your performance might get Impacted. If you do not play the match, you might not get the recognition you deserve.
 - Alert your coach about it, even if that means he may not let you play in the match. It is better to do what is best for the team even if it means missing out on a big opportunity.

111. **Anmol has been given the responsibility to lead a new project for an IT company. One of his responsibilities is to hire new people into his team. Which approach do you think is the best to take?** (*Lecture 19*)
- Make a team with less diversity to help avoid conflicts and confusion.
 - Make a team with more diversity to increase innovation, different perspectives, and greater acceptance.
112. **Which attribute of a good team player is emphasised in the quote, “Teamwork: simply stated, it is less me and more we.”?** (*Lecture 19*)
- A good team player should be able to sacrifice his personal gains for the success of the team
 - A good team player should be able to change his personality to fit in with the team.
113. **What is the best way to describe the leadership concept 'Leading without Leading'?** (*Lecture 21*)
- Great leaders should delegate as much work as possible to free up their time for the most important things.
 - Great leaders can lead through a good example instead of a more commanding nature.
114. **What leadership style best describes the following quotation: “As we look ahead into the next century, leaders will be those who empower others.” [Bill Gates]** (*Lecture 21*)
- Delegative Leadership
 - Servant Leadership
115. **Jeff Garcia, a former American football player, was admired for his leadership in the following way: "Jeff Garcia showed up every day to do the work - first one to practice, first one out the tunnel - and in the way he carried himself he demanded that you do the same." [Jon Dorenbos, Life is Magic], which of the following leadership style best represents the above quote?** (*Lecture 21*)
- Lead by example
 - First in, is the first to win
116. **Manan is an intelligent college student. But he often gets late to class, and he rarely submits the assignments on time. His professor is new at his role and has not noticed Manan's absences. What should Manan do?** (*Lecture 23*)
- Manan can maintain his lifestyle but should also stay aware such that his grades do not suffer as a Result.
 - He should become more punctual in his attendance and submissions.

117. **What is the closest interpretation of the following quote: "Small things make perfection, but perfection is not a small thing"?** (*Lecture 23*)
- Try to bring perfection into the small tasks of your day-to-day life. Perfection in small tasks drives our life to perfection.
 - Perfection is very important for your career. Bring perfection into your important tasks as a student or as a professional.
118. **Archana is a software engineer. She likes to work on program designing and coding. But she does not like to do the supporting documentation work. She finds it unimportant as it is not normally used by anyone. It needs to be done to adhere to the general organization standards. What should Archana do?** (*Lecture 23*)
- Complete the documentation work by noting down only the biggest details. The supporting Document feels unimportant and is unlikely to be used anyway.
 - Complete the documentation work sincerely. Follow the organization guidelines to specify the details. Even if it seems unimportant, she should be sincere in completing her work.
119. **Every morning Steve Jobs asked himself: "If today was the last day of my life, would I want to do what I am about to do today?" From the following two statements, pick that which you think best explains Jobs' quote.** (*Lecture 24*)
- Jobs wanted to remind himself of what is most important in his life and to continue working in that Direction.
 - Jobs wanted to focus more on achieving short term benefits instead of making long term investments.
120. **"Death teaches about life." Which of the following statements best explains the importance of this quotation?** (*Lecture 24*)
- We should accept that everything has an ending point.
 - Realizing our life as finite can improve our productivity, clarity, and stability.
121. **Anamika and Aditi are friends. But Aditi forgot to invite Anamika to her birthday celebration. Anamika felt upset that she was left out. A few weeks later, Anamika's birthday anniversary is now soon approaching, and she is planning her birthday celebration. What should Anamika do?** (*Lecture 25*)
- Invite Aditi to her birthday celebration. This will make Aditi realize her mistake and more likely to Apologies.
 - Invite Aditi to her birthday celebration and bridge the gap in their friendship.

122. **Due to poor exam results, Rahul's father scolded him in front of his friends. Rahul felt it was insulting and had an argument with her father in the evening because of this reason. After the argument, Rahul felt even more disturbed. What advice would you give to Rahul?** (*Lecture 25*)
- Meet your father and say sorry to him. A gentle talk may inspire your father to realize that he should not have scolded you in front of your friends.
 - Meet your father and say sorry to him. Accept your fault and apologize for your improper behavior. Promise him that you will work harder for your studies from now onward.
123. **Avinash stays in a hostel. Raj is his roommate. Raj is very notorious and has a habit of mocking everyone most of the time. After a few months, Raj stopped teasing Avinash. But Avinash has started to hate Raj because of his nature. He gets disturbed just by looking at Raj. What should Avinash do to feel more positive?** (*Lecture 25*)
- Change rooms and avoid speaking to Raj. That way he cannot ruin his mood.
 - Try and forgive Raj for his mocking nature. Focus on his positive qualities instead.
124. **'Resentment is like drinking poison and then hoping it will kill your enemies.'** - **What is the most useful lesson to learn from this famous quote by Nelson Mandela?** (*Lecture 25*)
- Keeping bitter emotions for those who have hurt us will only prove to be self-destructive. So, we should learn to forgive others for our own peace of mind.
 - Keeping bitter emotions for your enemies is unlikely to inflict harm on them. It is better to act upon it instead.
125. **Which of the following do you think is the most effective method to become more productive?** (*Lecture 26*)
- Create and follow a schedule while neglecting everything else.
 - Find your biggest priorities and ensure they are scheduled and completed.
126. **Jatin has important exams approaching in three weeks and is trying to prepare himself accordingly. He is aware that he will need to commit a decent amount of time to study, but he would also like to give some time for exercise. How would you suggest that he balances his time?** (*Lecture 26*)
- Jatin should schedule at least 30 minutes of exercising every morning before studying.
 - Jatin should commit to exercising only on the days when he finds spare time after completing his studies and other responsibilities.

127. **Anil is currently learning to code while also working part-time as an IT consultant. Every morning after studying at home, he will drive to meet his client at 11 AM. The journey normally takes around 44 minutes. Anil is trying to decide how to fit this journey into his schedule. Which of the following options do you think is more appropriate? (Lecture 26)**
- Anil should leave home at 10:15 AM, so as not to potentially waste any time waiting around.
 - Anil should leave home at 10:05 AM, so to include buffer time into his schedule.
128. **Anjali sleeps for 7 hours a night and wakes up a few hours later on Sunday. However, on Monday mornings, Anjali often feels more tired than usual and finds it harder to concentrate. How do you think Anjali should adjust her sleep pattern so that she does not feel extra tired on Monday mornings? (Lecture 27)**
- Anjali should try to sleep extra early on Sunday night so that she feels well-rested on Monday Morning.
 - Anjali should try to keep the same sleep schedule on weekdays and weekends so as not to disturb her body clock.
129. **The monsoon season saw some serious flooding. The structure of your house has been significantly damaged because of excessive water exposure. The repair work will cost you ₹5 lakh. How should you go about financing the repair? (Lecture 29)**
- Check if your insurance covers water damage, make the necessary insurance claim and withdraw the Balance from your emergency fund.
 - Check if your insurance covers water damage, make the necessary insurance claim and borrow the balance of the money from a bank.
130. **After graduating, Shivani started working as a data scientist for the last 4 years. She has been earning ₹7 lakh rupees every year. Now that her 25th birthday is approaching, she is wondering about the best time to start a retirement fund. What financial plan will allow her to benefit the most? (Lecture 29)**
- Start investing into a retirement fund straight away to earn more money through compound interest.
 - For the next 5-7 years, she should keep her money free so she can spend it. She can then start a retirement fund afterwards.

SECTION – C

Section C will test the candidate's ability to apply what they have learnt during the course. The candidate will choose the answer that they believe is the best answer from the two choices. The best answer will be awarded with 2 marks. The secondary answer will only be awarded with 1 mark.

| Question Number | Best Answer | Marks Awarded | Secondary Answer | Marks Awarded |
|------------------------|--------------------|----------------------|-------------------------|----------------------|
| 101 | a | 2 Marks | b | 1 Mark |
| 102 | b | 2 Marks | a | 1 Mark |
| 103 | b | 2 Marks | a | 1 Mark |
| 104 | b | 2 Marks | a | 1 Mark |
| 105 | a | 2 Marks | b | 1 Mark |
| 106 | b | 2 Marks | a | 1 Mark |
| 107 | a | 2 Marks | b | 1 Mark |
| 108 | a | 2 Marks | b | 1 Mark |
| 109 | b | 2 Marks | a | 1 Mark |
| 110 | b | 2 Marks | a | 1 Mark |
| 111 | b | 2 Marks | a | 1 Mark |
| 112 | a | 2 Marks | b | 1 Mark |
| 113 | b | 2 Marks | a | 1 Mark |
| 114 | b | 2 Marks | a | 1 Mark |
| 115 | a | 2 Marks | b | 1 Mark |
| 116 | b | 2 Marks | a | 1 Mark |
| 117 | a | 2 Marks | b | 1 Mark |
| 118 | b | 2 Marks | a | 1 Mark |
| 119 | a | 2 Marks | b | 1 Mark |
| 120 | b | 2 Marks | a | 1 Mark |
| 121 | b | 2 Marks | a | 1 Mark |
| 122 | b | 2 Marks | a | 1 Mark |
| 123 | b | 2 Marks | a | 1 Mark |
| 124 | a | 2 Marks | b | 1 Mark |
| 125 | b | 2 Marks | a | 1 Mark |
| 126 | a | 2 Marks | b | 1 Mark |
| 127 | b | 2 Marks | a | 1 Mark |
| 128 | b | 2 Marks | a | 1 Mark |
| 129 | a | 2 Marks | b | 1 Mark |
| 130 | a | 2 Marks | b | 1 Mark |